Diaper Size Chart

BY WEIGHT, PAMPERS AND HUGGIES

BABY _____

BORN _____

- **Ranges** as each brand prints them; they overlap on purpose
- **Your baby** note the date and weight at each size up

SIZE	PAMPERS	HUGGIES	STARTED ON	WEIGHT THEN
Preemie	under 6 lb (under 2.7 kg)	under 6 lb (under 2.7 kg)		
Newborn	under 10 lb (under 4.5 kg)	under 10 lb (under 4.5 kg)		
Size 1	8-14 lb (3.6-6.4 kg)	8-14 lb (3.6-6.4 kg)		
Size 2	10-22 lb (4.5-10 kg)	12-18 lb (5.4-8.2 kg)		
Size 3	13-26 lb (5.9-11.8 kg)	16-28 lb (7.3-12.7 kg)		
Size 4	15-34 lb (6.8-15.4 kg)	22-37 lb (10-16.8 kg)		
Size 5	20-37 lb (9.1-16.8 kg)	27+ lb (12.2+ kg)		
Size 6	23-44 lb (10.4-20 kg)	35+ lb (15.9+ kg)		
Size 7	26-50 lb (11.8-22.7 kg)	41+ lb (18.6+ kg)		

When to size up Diapers are sized by weight only. Stay in the smaller size while it fits well, and move up when your baby is within about 2 lb (0.9 kg) of its top, or sooner at leaks, red marks, or tabs that barely reach. A baby in the overlap fits both sizes.

9 sizes, read from each brand's own published chart. Check the weight range on the box you buy.

Weight ranges from the Pampers and Huggies size charts. Brands can change their ranges; the box is final.